



# Captain

The primary role of the men's / ladies' captain is to lead and inspire Wallasey AC athletes to perform to the best of their abilities in training and to ensure teams attend the club fixtures.

## Typical responsibilities:

- Inform members of dates & details of club races as well as other running events in the region that may be of interest
- Encourage members to enter club races, and try to ensure enough entries to make up at least one team
- Recognise individual and team achievements and make these known to all the club
- Attend the monthly committee meeting and present a review of races and results plus any notable achievements since the last meeting
- Work collaboratively with each other and the rest of committee
- Attend the AGM and present a brief review of the year
- Award the Ladies/Men's Captain award and other prizes and awards at the AGM/Awards Evening or other prize-giving event as appropriate
- Maintain a motivating presence, both in person at training nights, club races and club social events as well as via social media and email
- Generally, encourage members the club with their running activities
- Promote the good name of Wallasey AC both within outside of the local running community
- Monitor and use the dedicated inbox for pre-entry races  
Contact email [entries.wallaseyac@gmail.com](mailto:entries.wallaseyac@gmail.com)